

HOALTC Event: Prayer Journal Challenge

Purpose	<ul style="list-style-type: none"> Promote the habit of constant prayer through regular journaling and to impart understanding of various purposes of prayer.
Expectations	<ul style="list-style-type: none"> Because students may be more authentic and transparent in private journals, the Church Coordinator or Coach may consider allowing students to self-verify the contents of their journals and / or devise a method of verification that will not violate the student's privacy. Verification methods are left to the discretion of the Church Coordinator or Coach. Journaling will have occurred during some or all of the 12 months preceding the pre-convention deadline. The Church Coordinator will specify one or more individuals to verify prayer journaling. The verifier must not be related to the participant.
Rules	<ul style="list-style-type: none"> The participant must maintain a prayer journal documenting things for which they prayed on each documented day. Each counted week must include a minimum of five days of journaling. Each counted week should include at least one instance of each of the following: <ul style="list-style-type: none"> Praise – expressions of admiration for the Lord Petition – requests for self or others Thanksgiving – words of appreciation Confession – acknowledgment of shortcomings or sins Students are to maintain a list of prayers for which an answer was evident.
Submission Instructions	<ul style="list-style-type: none"> The coach or mentor should report each student's award level to their Church Coordinator by the Pre-Convention Challenge deadline. The Church Coordinator will submit a Medal Request Form at hoaltc.org.

AWARDS:

3 rd – 6 th		
Gold	Silver	Bronze
8 weeks	6 weeks	4 weeks
List of answered prayers	List of answered prayers	List of answered prayers

7 th – 12 th		
Gold	Silver	Bronze
10 weeks	8 weeks	6 weeks
List of answered prayers	List of answered prayers	List of answered prayers

Prayer Journal Challenge Form

Note: This form will **NOT** be submitted to HOALTC. It is for local record-keeping purposes only.

Student Name: _____

Age Division (circle one): 3rd - 6th 7th - 12th

	Week Beginning (date)	Week Ending (date)	Number of Days Journalled*	Praise	Petition	Thanks giving	Confes sion
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

* "Weeks" must have at least five journal entries during a 7-day period and include praise, petition, thanksgiving, & confession.

Total weeks journalled: _____

Praise, petition, thanksgiving, and confession included each week(check for yes): _____

List of answered prayers (check for yes): _____

AWARDS:

3 rd – 6 th		
Gold	Silver	Bronze
8 weeks	6 weeks	4 weeks
List of answered prayers	List of answered prayers	List of answered prayers

7 th – 12 th		
Gold	Silver	Bronze
10 weeks	8 weeks	6 weeks
List of answered prayers	List of answered prayers	List of answered prayers

AWARD EARNED (circle one): GOLD SILVER BRONZE

Certified by: _____ **Date:** _____